

Heartbeat Victoria Bendigo Inc.

ABN 83 786 011 956

Reg No. 0016227R



Heartbeat Bendigo Vision

To be an excellent and well-recognised peer support organisation which assists in improving the emotional, social, and physical wellbeing of people living with heart disease or a heart condition.

Heartbeat Bendigo Purpose (Mission)

To advise and promote associated support groups in conducting peer support activities for people living with heart disease or a heart condition, to ensure they have a better understanding of the impact of their heart condition, to advise how they might seek ongoing services and support in their local area and how to raise funds to improve cardiac services.

Heartbeat Bendigo Objectives

To provide a network that supports cardiac rehabilitation and promotes maintenance of wellbeing for people who have a heart condition, or have had cardiac intervention, their families and carers, which:

- 1) Encourages help-seeking behaviours, builds capability and empowers individuals through raising awareness, providing information and support;
- 2) Provides opportunities for friendship and peer support enabling people to:
 - a) Be reassured
 - b) Share their story and experiences
 - c) Participate in social, education and exercise meetings and activities
- 3) To promote, assist and support community education and health promotion programs that enhance awareness of heart disease and the facilities and services available in the Victorian community – particularly in the Bendigo region
- 4) To assist, or co-operate with, heart researchers in appropriate research programs which foster the advancement of knowledge on the prevention, treatment and rehabilitation of heart disease with member's informed consent.
- 5) To promote and assist cardiac units, emergency care, cardiac rehabilitation and cardiac related health services in Victoria in a voluntary capacity by accepting, attracting, investing and using bequest, legacy or gift, funds provided by other foundations, trusts or funding bodies, or fundraising income after the deduction of appropriate administration costs to:
 - a) Provide medical equipment
 - b) Enhance the delivery of care